

**Tots 'N' Teens Pediatrics, P.C.**  
**Pediatric Health History**

Child's Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_  
SSN#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Race: \_\_\_\_\_

Previous Physician: \_\_\_\_\_  
Present Health Concerns: \_\_\_\_\_

Medications/Vitamins: \_\_\_\_\_

Herbs/Home Remedies: \_\_\_\_\_

Allergies/Reactions to Medications or Vaccines or Foods: \_\_\_\_\_

**Pregnancy and Birth**

Is this child yours by: birth adoption stepchild other: \_\_\_\_\_  
Delivery by: vaginal C-section (why? \_\_\_\_\_)

Birth Weight: \_\_\_\_\_ Length of Pregnancy: \_\_\_\_\_

Problems during pregnancy: diabetes high blood pressure alcohol use tobacco use  
swelling protein in urine urinary tract infection breech anemia  
urinary tract infection venereal disease (gonorrhea, chlamydia, syphilis)  
Other infection or illness: \_\_\_\_\_

Medications taken during pregnancy: \_\_\_\_\_

Any medical problems in the newborn period? \_\_\_\_\_

**Nutrition and Feeding**

Was your child breastfed? No Yes If yes, how long? \_\_\_\_\_

Was your child formula fed? No Yes If yes, which brand? \_\_\_\_\_

Has your child had any unusual feeding/dietary problems? No Yes If yes, specify: \_\_\_\_\_

Milk intake: cow milk (skim 1% fat 2% fat whole soy milk) Amount per day \_\_\_\_\_

Juice: No Yes If yes, amount per day? \_\_\_\_\_

Soda/Tea: No Yes If yes, amount per day? \_\_\_\_\_

**Sleep**

Hours per night: \_\_\_\_\_ Naps (number and length): \_\_\_\_\_

Any sleep problems? \_\_\_\_\_

**Development**

At what age did your child: sit alone \_\_\_\_\_ walk alone \_\_\_\_\_ potty train \_\_\_\_\_

first words \_\_\_\_\_

Girls: Age of first menstrual cycle \_\_\_\_\_

**Dental History**

Has your child been seen by a dentist? No Yes Date of last visit? \_\_\_\_\_

Has child had: filling cap/crown braces

**Past Medical History**

Has your child had: asthma seasonal allergies diabetes pneumonia  
bronchiolitis urinary tract infection chicken pox anemia ADHD  
seizures eczema recurrent ear infections behavior problems

Describe any major medical problems and their dates: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Hospitalizations (with dates): \_\_\_\_\_

Surgeries: \_\_\_\_\_

Specialists Seen: \_\_\_\_\_

Broken Bones and Other Injuries (with dates): \_\_\_\_\_

\_\_\_\_\_

**Social History**

Who lives at home? Do any of the household members smoke? Yes No

Name Age Relationship Highest Education Level

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Are the child's parents: married unmarried separated divorced

Parents Occupations: Mother \_\_\_\_\_ Father \_\_\_\_\_

Childcare: parents daycare babysitter other: \_\_\_\_\_

Concerns about your child: alcohol use tobacco sexual activity  
drugs aggressive behavior

Is violence at home a concern? Yes No Are there guns at home? Yes No

Hours per day of: TV - \_\_\_\_\_ Computer - \_\_\_\_\_ Video Games - \_\_\_\_\_

How does your child get exercise? \_\_\_\_\_

\_\_\_\_\_

**School History**

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Grades: \_\_\_\_\_

Learning concerns: \_\_\_\_\_

Any concerns about relationships with teachers or students: \_\_\_\_\_

\_\_\_\_\_

The information that I have provided is, to the best of my knowledge, true.

Signature \_\_\_\_\_

Relationship to patient \_\_\_\_\_

Physician Signature and Date : \_\_\_\_\_